

[Today in the Vince Young Saga](#)

Wednesday, September 10, 2008

Posted By [Chris Mottram](#) 12:15 PM

[Sportingnews.com](#)

Here's [what we knew yesterday](#) with the Vince Young saga: He went to watch MNF with a friend, left his cell phone behind, his family was concerned, they called Jeff Fisher, who called the police to find Young. Really, there were still more questions than answers, particularly, why was the family worried enough to call Jeff Fisher and why was he worried enough to call the cops?



Today, [we're getting some answers](#):

After Young balked at having the MRI on Monday, Fisher went out and talked to him at his Brentwood home, spending more than an hour with him. The Titans also sent a psychologist, Dr. Sheila Peters, and Tina Tuggle, the team's Director of Player Development, to meet with Young to try to encourage him.

The psychologist said Young was extremely depressed and expressed concerns to the team about Young's safety. Later, Young left the house and sped off in his Mercedes Benz without his cell phone. He couldn't be found for some time, which prompted a phone call to Fisher.

Fisher then called police, who began searching for Young. When Young was finally tracked down, he met with Fisher and police at Baptist Sports Park and eventually went home.

So, it seems that what we thought yesterday might be the case: He was depressed from Sunday's game and went out to blow off some steam. All of Young's friends, and Fisher, are labeling it as such, and basically still claiming this has all been way overblown. But it may be *much* more serious than that:

Felicia Young said her son has grown weary of all the negativity he faces as an NFL star. On Monday, he indicated to those around him he didn't want to play football any more.

"Vince has gone through a whole lot as a young person," Felicia Young said. "And I think he has done pretty well up to this point. But it is hard, all he is going through right now. He's hurting inside and out. ..."

"What would you think, if you were tired of being ridiculed and persecuted and talked about and not being treated very well, what would you do? What kind of decision would you make?" Felicia Young said. "He may not want to deal with it (all), but you have to get to that point before you make that decision first."

Saying that Young indicated he didn't want to play any more seems a bit extreme. Certainly, he's in a bad mental state right now, and his mother did say "he may not want to deal with it," but

does that mean he's ready to quit football? Let's hope not. You'd hate to see someone waste their potential because they couldn't handle the critics. Besides, Kerry Collins doesn't exactly exude excitement.